

Mount Hotham Cross Country Trails.

FREE TRAIL ACCESS

Cross Country skiing is FREE on all trails at Mount Hotham and Dinner Plain.

TRAIL GROOMING

Regular grooming of the Mount Hotham ski trails occurs during the winter season. Grooming extends from the 'Start of Cross Country Trails' sign at Asgaard Lodge, through to Dinner Plain, as snow levels allow.

DINNER PLAIN SHUTTLE

The Dinner Plain Shuttle Bus picks up and drops off skiers at Wire Plain and Whiskey Flat when their journey begins or ends at Dinner Plain. No skiers will be transported from Hotham to Wire Plain or Whiskey Flat by the Dinner Plain Shuttle.

FOR FURTHER INFORMATION AND ENQUIRIES CONTACT:

Mount Hotham Alpine Resort Management Board
 • PO Box 188 Bright Vic. 3741
 • Phone (03) 5759 3550
 • Fax (03) 5759 3693
 • Email: mhar@mothotham.com.au
 • Website: www.mthotham.com.au

SKI HIRE

Cross Country equipment is available for hire from Hoys at Mount Hotham and Dinner Plain.

CROSS COUNTRY SKIER'S CODE

- Always ski under control
- Give way to the skier below you
- Keep to the left wherever possible
- Give way to other skiers when entering a trail or starting downhill
- Do not obstruct or walk on ski trails
- Ski only on groomed or marked trails within your ability
- Do not ski alone
- Let someone know where you are going and when you will return.

SAFETY INFORMATION FOR CROSS COUNTRY SKIERS

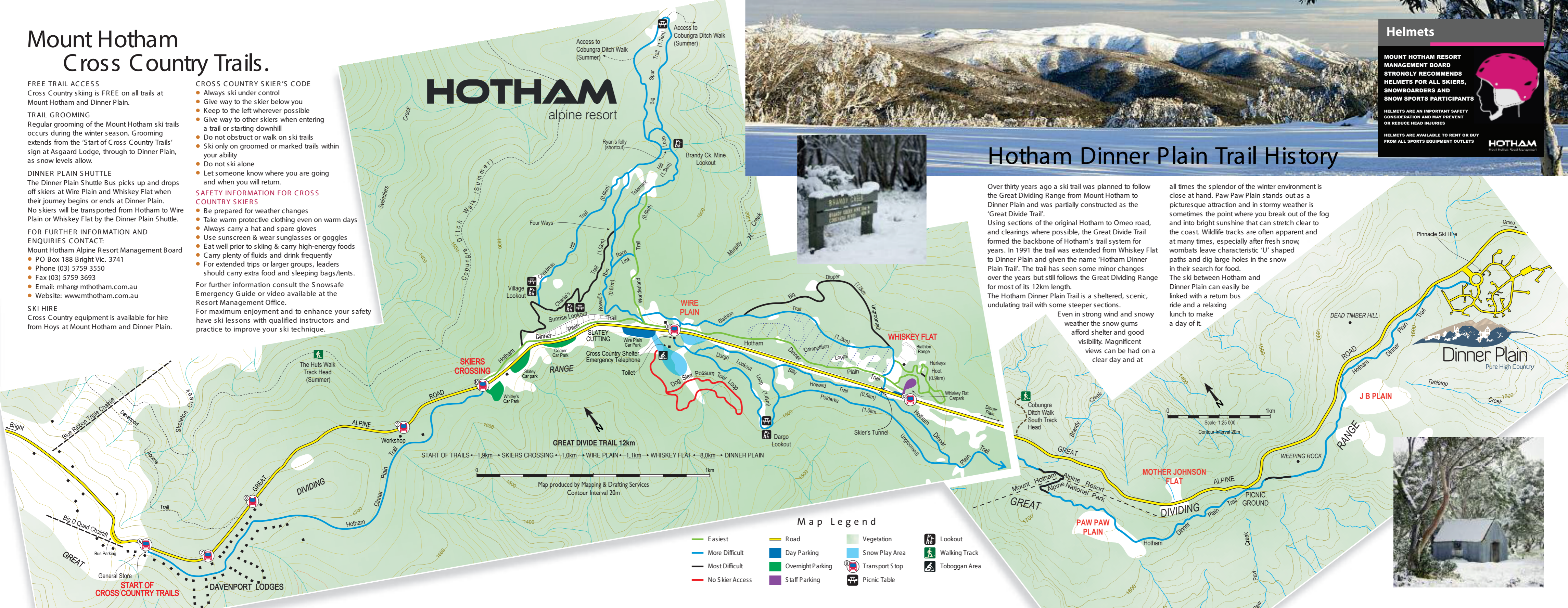
- Be prepared for weather changes
- Take warm protective clothing even on warm days
- Always carry a hat and spare gloves
- Use sunscreen & wear sunglasses or goggles
- Eat well prior to skiing & carry high-energy foods
- Carry plenty of fluids and drink frequently
- For extended trips or larger groups, leaders should carry extra food and sleeping bags/tents.

For further information consult the Snowsafe Emergency Guide or video available at the Resort Management Office.

For maximum enjoyment and to enhance your safety have ski lessons with qualified instructors and practice to improve your ski technique.

HOTHAM

alpine resort



Map Legend			
	Easiest		Day Parking
	More Difficult		Overnight Parking
	Most Difficult		Staff Parking
	No Skier Access		Transport S stop
	Vegetation		Picnic Table
	Snow Play Area		Lookout
	Walking Track		Toboggan Area

Hotham Dinner Plain Trail History

Over thirty years ago a ski trail was planned to follow the Great Dividing Range from Mount Hotham to Dinner Plain and was partially constructed as the 'Great Divide Trail'. Using sections of the original Hotham to Omeo road, and clearings where possible, the Great Divide Trail formed the backbone of Hotham's trail system for years. In 1991 the trail was extended from Whiskey Flat to Dinner Plain and given the name 'Hotham Dinner Plain Trail'. The trail has seen some minor changes over the years but still follows the Great Dividing Range for most of its 12km length.

The Hotham Dinner Plain Trail is a sheltered, scenic, undulating trail with some steeper sections. Even in strong wind and snowy weather the snow gums afford shelter and good visibility. Magnificent views can be had on a clear day and at

all times the splendor of the winter environment is close at hand. Paw Paw Plain stands out as a picturesque attraction and in stormy weather is sometimes the point where you break out of the fog and into bright sunshine that can stretch clear to the coast. Wildlife tracks are often apparent and at many times, especially after fresh snow, wombats leave characteristic 'U' shaped paths and dig large holes in the snow in their search for food. The ski between Hotham and Dinner Plain can easily be linked with a return bus ride and a relaxing lunch to make a day of it.

Helmets

MOUNT HOTHAM RESORT MANAGEMENT BOARD STRONGLY RECOMMENDS HELMETS FOR ALL SKIERS, SNOWBOARDERS AND SNOW SPORTS PARTICIPANTS

HELMETS ARE AN IMPORTANT SAFETY CONSIDERATION AND MAY PREVENT OR REDUCE HEAD INJURIES

HELMETS ARE AVAILABLE TO RENT OR BUY FROM ALL SPORTS EQUIPMENT OUTLETS

Dinner Plain

Pure High Country

